



Prime Time Club

1724 Mosley Street, Box 440, Wasaga Beach, Ontario L9Z1A4

705-429-4266

primetimeclub@rogers.com

www.primetimewasaga.ca

JANUARY 2025

Vol. 20 Issue 01 50 & older



Editor: Joan Bercovitch at mojowasagabeach@gmail.com

President's Message

NEW EVENT

Starting on Thursday, Feb. 6, 2025 the Club will be hosting monthly DINNERS catered by Nica for \$20. Tickets are available now in January and will need to be purchased in advance. Call Sharon 705-352-0881 after 4:00 pm or the Club 705-429-4266 or Verna 705-429-1629. Leave a message please if there is no answer.

There will be a sign up sheet on the bulletin board for help to set up tables and chairs and to take them down, also selling tickets and collecting tickets at the door. Lots of help is needed ... Sign up and come out and support your club!



Also, we're looking for members to take the Smart Serve Course. The Club will reimburse you once you pass the course. The course is done on-line. If you have a Smart Serve certificate please let the club know. There are times when we can use extra help in the Bar. Please speak to Joe Amaral for more information 705-429-1629.

HAPPY NEW YEAR!

Winter has arrived just a reminder to wear inside shoes to your activity. No Winter boots or wet shoes please! Keeping the floors dry, so there are no falls, is important to Seniors. We don't want any broken bones.

There are members that have breathing issues such as COPD or ALLERGIES to fragrances.

Please refrain from wearing perfume or heavy scented lotions in the CLUB.

Sharon

A special Thank You to those members who took the time to bake and donate for the bake table.

I really appreciated their contributions this year which enabled us to make a fair sum of money for the club.

Thanks, Ainslie Fry



COVID

Members it is very important that you report to the Convener of your activity or to the Club if you get COVID. The Club doesn't divulge your name when letting close contacts or the activity know there has been known a COVID case.

The club has to keep everyone as safe as we can. Many Members have low immune systems or their spouses. Many Members do multiple activities at the Club as well as their spouses so hopefully you understand that COVID can spread very quickly throughout the Club. If you or other household members are not feeling well stay home please!

PRIME TIME CONVENORS & EVENTS

MONDAY

Helen Veninger	705-429-9063	Keep Fit	8:30 a.m.
Lynda Trimble	429-3402	Prime Time Singers	10:00 a.m.
Fred Basan	905-567-5133	Men's Snooker	12:00-4 pm.
Judy Bryans	705-422-1787	Shuffleboard	1:30 p.m.
Brenda Wood	429-7486	Euchre	7:00 p.m.
Sharon MacNeil	705-888-8965		

TUESDAY

Theresa Murray	705-251-9553	Line Dancing	10:30 a.m.
Bill Scott	705-429-2632	Short Mat Bowl	1 p.m.
Kris Dubois	705-352-1549		
Denise Spicehowicez	705-352-1305	Cribbage	1:00 p.m.
Diana & Larry Struthers	705-352-0895	Bid Euchre	7:00 p.m.

WEDNESDAY

Linda Gilmore		Keep Fit	8:45 a.m.
Pat Gagnon	429-6898	Keep Fit	10:00 a.m.
Wayne Ridley	705-429-5477	Men's Snooker	10:00 a.m.
Cliff Hogarth	705-446-5256	Men's Snooker	1:30-4pm.
Bill Scott	429-2632	Short Mat Bowl	1:00 p.m.
Kris Dubois	705-352-1549		
Sharon Matthews	705-352-0881	Darts	7:00p.m.
Judy Cabell			

THURSDAY

Sharon Wood	705-352-2614	Scottish Country Dancing	10:00 a.m.
Alf Malan	705-352-1142	Mixed Snooker	9:00 a.m.
Diana Rudolph	416-206-9556	Ladies Crafts & Laughs	1:00 p.m.
Claire Manhire	429-0240	Bridge	1:00 p.m.

FRIDAY

Kathy Roulston		Keep Fit	8:30 a.m.
Sandy Sheffield-Young		Keep Fit	9:45 a.m.
Rob Maguire	705-984-4512	Men's Snooker	12:00-4 pm.
Ingrid Smith	705-471-2215	Scrabble	2 p.m.
Maxine Duke	429-1396	Bid Euchre	7:00 p.m.
Lori Hobin	705-446-5091		

SATURDAY

Verna Amaral &	705-429-1629	Saturday Night Social	7-9:30p.m.
Sharon Matthews	705-352-0881		

There is an extra charge of \$2.00 or \$3.00 for our activities.

"If you are feeling Sick- please don't attend Activities!"

EXECUTIVE & DIRECTORS 2023-2024

EXECUTIVE

PRESIDENT	SHARON MATTHEWS	352-0881
1st VICE PRESIDENT	VERNA AMARAL	429-1629
2nd VICE PRESIDENT	DIANE McDONOUGH	429-4510
REC. SECRETARY	KATHRYN SOMERS	429-2339
CORRESPONDING SEC.	PAT HOC	429-1437
TREASURER	MARY McLACHLAN	422-0859
ASS'T. TREASURER	VIRGINIA JAMES	422-0332

DIRECTORS

PUBLIC RELATIONS	JOAN BERCOVITCH	429-5866
MEMBERSHIP	JOHANNE McALLISTER	352-4958
REFRESHMENTS	HAZEL SMITH	429-2119
MAINTENANCE	CLIFF HOGARTH	446-5256
TOUR DIRECTOR	BOB JACKSON	429-6332
PURCHASING	JOHN BOLLN	429-0382
BAR MANAGER	JOE AMARAL	429-1629

LIBRARY NEWS

While checking the shelves, this Library Elf came across a beautiful poem.
It is a wonderful way to begin the new year and keep what really matters close to our hearts. Enjoy!

*Life is made sweet by the friends that we meet
And the things that in common we share,
We want to live not because of ourselves
But because of the people who care.
It's living and doing for someone else
On what life's splendor depends,
And the joy of this life when you sum it all up
Is found in the making of friends.*



*We can take every day with the challenge it brings
And meet it head on with a smile
'cause we know when it ends we've assisted our friends
And that alone makes it worthwhile.
So here's to our friends , both near and afar,
And you know that our wish is sincere
For all of the best for your family and you
Both now and throughout the new year.*

JANUARY BIRTHDAYS

MEMBERS

CLAUDE RICHARD 1ST
FRED CHALLENGER 2ND
MURRAY MCGUIRE 2ND
MORLEY BERCOVITCH 6TH
OSCAR LUTZ 6TH
NORMAN PRATT 6TH
GERALD PICKETT 9TH
SHARRON TANNER 10TH
CINDY WILSON 12TH
RHONDA BETEAU 13TH
BEVERLY BELL 15TH
INGRID DOLAN 16TH
PATRICI WARREN 16TH
JOAN GAUTHIER 17TH
ROSE WILFONG 17TH
JORGE ARSINIO 19TH
SUSANNE DALMUS 19TH
NATALIE DEMERS-CARSWELL 20TH
FRANK SPICEHOWICEZ 20TH
THOMAS PEARCE 21ST
DIANA RUDOLPH 21ST
ELLEN KESTER 23RD
JAN WRIGLEY 24TH
LORRAINE BOLAND 25TH
LINDA BAECHLER 26TH
GARY WILLIS 26TH
DARLENE RASO 27TH

HONOURARY MEMBERS

Those members designated HO mean that they are Honourary members, but not active in the Club.

MARLENE STACEY 3RD
EVERETT COOKE 4TH
BERNICE LEARMONT 5TH
BARBARA CARDWELL 7TH
STELLA GOSSELIN 8TH
GERRY MILLER 8TH
HELEN TURNBULL 9TH
DONALD CANTERA 13TH
BRIAN BERMINGHAM 14TH
JOAN VARLEY 16TH
PEGGY BROWN 17TH
BILL CRAWFORD 20TH
DOREEN ROBINSON 20TH
JAMES FERGUSON 27TH
JOHN POTJE 27TH
BOB HOC 28TH

People born before January 20 are Capricorns, while people born toward the end of January have the sign of Aquarius. Capricorns are said to be very independent, disciplined, and organized, often making strong leaders.

January birthdays hold a unique charm, marked by a blend of New Year vigor, cultural significance, and natural beauty. Individuals born in this month often embody a mix of resilience, ambition, and warmth, making them truly remarkable.



Prime Time Singers

We are still rolling along. We sang at 2 Retirement Homes before Christmas and finished with a Carol singing morning and a pot luck lunch.

We will be back on Monday, January 6th from 10-12.

Come and join us.

We wish everyone a Very Happy and Healthy New Year.

Diana

416-206-9556



Craft Group

We did really well at the Craft and Bake Sale and thank you all for your support.

We donated Hats and a blanket to the Food Bank. We will be learning how to make Newfie Mittens(see below) in January and welcome anyone who would like to learn. It is suitable for a beginner but we will also be knitting even simply items throughout the Month. Want to crochet? We can also learn that and/or do some during February- Hearts for valentines and boot slippers just like the rubber boots. Quite a cute idea.

Wishing everyone a Very Happy New Year.

We will be back on January 9th.

Diana



SHUFFLEBOARD

Dec.10 Hi Scores: Robert Ott, Brian Bermingham 137

3-Game Winners: Wendy Caudle

Dec. 16. Hi Scores: Brian Bermingham, Heather Kennedy 121

3-Game Winners: None

Judy Bryans

& Eva England

“ Wishing you a very Happy New Year with good health and happiness!”

PRIME TIME CLUB HALL RENTALS

PTC rentals are exclusive to members in good standing with a full years membership for personal use birthdays, anniversaries.

Club hall is Free for members in good standing and for their spouse or partner for Celebrations of Life and Funeral Receptions only.

Call Verna at 705-429-1629 for more information.

Limited Suites Available!



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KATHY'S KEEP FIT CLASS ON FRIDAY MORNINGS



To all my Monday Keep Fitters,
This year I've been inspired by all of you, our Keep Fit family. You've showed me the power of resilience, determination and the will to prioritize your Health. Thank you from my heart for your support and get well cards during my recovery time in the summer.
Your dedication to our Monday mornings Keep Fit classes motivate me to keep creating fun/challenging workouts that help me and you move more and feel better. I'm honoured to be a part of your journey. Let's make the NEW YEAR another one of Progress and Joy, one step, one workout and one healthy choice at a time.

Here's to
a stronger,
healthier and
happier 2025 for
us, our families
and all the
moments in our
lives that matter
most.

Cheers,
Helen
Veninger
FIS





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SCOTTISH COUNTRY DANCING

Our first class in the New Year is January 9, 2025.

ACTIVITIES IN OUR AREA

Kings Wharf Theatre outings

Beehive-Thur. July 10-2 pm a musical celebration of the most powerful, iconic female voices of the 1960's

Grease-Thur. August 7-2 pm the Broadway phenomenon that inspired one of the most successful movie musicals of all time set in Rydell high school senior year of 1959
Sign up sheet for each event is posted on the board at the entrance to the PTC. Fill in the sheet with your name and phone number. Tickets are \$54.81pp Place a cheque made out to prime time club in the office door. Please note it is your responsibility to find your way to the theatre

Meaford Hall

Fri. Jan 17-7:30 pm Green River Revival a tribute to CCR

Sat. Jan 18-7:30 pm Goddo

Fri. Jan 24-8 pm the Trews acoustic trio

Sat. Jan 25-7:30 pm Tartan terrors scottish music and dance group

Gayety theatre Collingwood

Fri. Jan 17 Abbamania

Sat. Jan 18 Bee Gees tribute

Fri. Jan 31 lynyrd skynyrd

Sat. Feb 1 Patsy Cline tribute

Five Points theatre Barrie

Jan. 17/18 Into the woods jr.

Jan 18/19 Disneys Jungle book for kids

for more information contact bob jackson 705 429 6332

Cup & Saucers Only

Decluttering or down sizing? The Prime Time Club will take your cups and saucers for club events, eg. Afternoon and High Teas.

Call Verna 705- 429 -1629 to arrange a pick-up.



In a world where you can be anything... BE KIND

CRIBBAGE SCORES submitted by Denise Spicehowicez

December 3rd

1st place Micheline Larocque 847 (won all 7 games)...way to go
2nd place Melvin Loughheed 846
3rd place Donna Hawkins 820

December 10th

1st place Bill Martin 822
2nd place Bev Catteau 821
3rd place Chuck Shepley and Bob Hoc 810
24-hand Alex Tremblett & Lorraine LeBorgne

December 17th

1st place Joan Bercovitch 844
2nd place Donna Hawkins 830
3rd place Morley Bercovitch 818
24-hand Bob Hoc and Mary Fritz

We had an award for the most 19 hands in the year
and the winner was Mary Fritz with 86.

All enjoyed an excellent Christmas luncheon which was a full
Christmas dinner meal prepared by Elizabeth Hawke, who can be
contacted at 705-794-3524 for any catering, big or small.
*“And a special shout out to Denise and Frank Spicehowicez for
organizing all the fun for the Cribbage players all year long!”*



Happy New Year

Thank you to everyone who contributed to the monthly food bank drives in 2024. Our support of the food bank is truly appreciated so let's do it again in 2025!!
This month we've been asked to collect items that are always needed:

Kraft dinner and canned tuna and/or salmon.



REMINDER: Empty, washed coffee and margarine containers are always appreciated and put to good use at the Food Bank.

With Gratitude,
Brenda Collard-Mills
PTC Fitness Member

Foods that are good for bone health



Dairy

Milk, cheese, yogurt, and other dairy products are rich in calcium, which is essential for building strong bones. Some dairy products are also fortified with vitamin D

Leafy greens

Broccoli, kale, collard greens, and other dark green leafy vegetables are good sources of calcium.

Fish

Canned salmon and sardines with bones are high in calcium and good for bone health.

Nuts and seeds

Almonds, sunflower seeds, pistachios, and brazil nuts are good for bone health.

Dried fruit

Prunes, figs, and apricots are good for bone health. One study found that eating five or six prunes a day helped older women maintain bone mineral density in their hips.

Legumes

Tofu, soybeans, lentils, and chickpeas are good for bone health.

Fortified foods and drinks

Some breakfast cereals, orange juice, plant milks, and other beverages may be fortified with calcium and vitamin D.

Citrus fruits

Grapefruits and navel oranges are high in vitamin C, which can help prevent bone loss

Do not wait until the conditions are perfect to begin...beginning makes the conditions perfect!

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BRIDGE SCORES

BRIDGE...2 weeks without bridge over the holidayshelp.

We had a lovely Xmas meal from Swiss Chalet and we had a great attendance....thank you Claire for organizing the lunch. We have a lot of new members and we welcome them all.

Scores to date are....

Dec 5th

- | | | | | | |
|------------------|------|----------------|------|----------|------|
| 1. Mildred Lambe | 4250 | 2. Ted Tettmar | 3800 | 3. Sita. | 3560 |
|------------------|------|----------------|------|----------|------|

Dec 12th (the day of the big storm)

- | | | | |
|------------------|------|--------------------|------|
| 1. Chester Kapa. | 3600 | 2. Gloria Thompson | 3510 |
|------------------|------|--------------------|------|

DEC 19th

- | | | | | | |
|------------------|------|--------------|------|------------------|------|
| 1. Chester Kapa. | 5440 | 2. Ken Dawe. | 5340 | 3. Shirley Cook. | 4570 |
|------------------|------|--------------|------|------------------|------|

The Original "point and click" was a Smith and Wesson...just another way of looking at our "life"

All the Best in the New Year-Gloria

EUCHRE Submitted by Brenda Wood

MON. DEC 9TH

- 1ST PLACE: DIANA STRUTHERS 91 WITH 2 LONE HANDS
2ND PLACE :CLAYTON KILBY 86 WITH 4 LONE HANDS
3RD PLACE INGRID LILLIE 82 WITH 4 LONE HANDS
4TH PLACE GERRY HILLIER 74 WITH 6 LONE HANDS
MOST LONE HANDS WAS GERRY HILLIER WITH 6

MON. DEC 13TH XMAS DINNER

- 1ST PLACE: ANNE USHER 79 WITH 1 LONE HAND
2ND PLACE :NANCY KENNEDY 73 WITH 2 LONE HANDS
3RD PLACE ALEX TREMBLETT 71 WITH 2 LONE HANDS

MON. DEC 16TH

- 1ST PLACE: DONNA HAWKINS 79 WITH 3 LONE HANDS
2ND PLACE :LYNN PEGG 78 WITH 1 LONE HAND
3RD PLACE ALEX TREMBLETT 76 WITH 4 LONE HANDS
4TH PLACE LIZ BIRDSSELL 74 WITH 2 LONE HANDS
TIED FOR LONE HANDS, LIZ BIRDSSELL, TIM SIMPSON AND WANDA GRAVELLE "If

"Feeling Sick? - please don't attend Activities!"

WASAGA BEACH SENIORS RAMA BUS

We have a Seniors Rama Bus leaving the RecPlex the first Thursday of every month.

The bus leaves Collingwood Legion at 9:45am and the Wasaga Beach RecPlex at 10:30am.

You will automatically receive \$10 back on your players card. If interested call Brenda Wood at 705-429-7486 or cell 705-994-3069



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